

# FY2026 List of lifelong learning courses on demand

## 1. Sports & Recreation

No.	Name of classes	Eligibility	Organized by
R8-101	<b>Experience wheel chair sports!</b>	Groups from companies, university students and others	Hanazono/Sports Business Strategy Division
R8-102	<b>"Dream soccer lesson" by FC Osaka players</b>	Anyone Elementary or junior high school students in the city	Hanazono/Sports Business Strategy Division
R8-103	<b>Easy sponge tennis class</b>	People aged 18 or older	Citizen's Sports Support Division
R8-104	<b>Easy sponge tennis class for parents &amp; kids</b>	Children aged 4 or older and their guardians	Citizen's Sports Support Division

## 2. Education & Career

No.	Name of classes	Eligibility	Organized by
R8-201	<b>Industrial cluster and support measures for manufacturing business in Higashiosaka</b>	People aged 18 or older	Manufacturing Support Office
R8-202	<b>Guide to lifelong learning (For beginners)</b>	People aged 18 or older	Social Education Division
R8-203	<b>About "Kominkan" or community center</b>	People aged 18 or older	Social Education Center
R8-204	<b>Beginner's guide to SDGs</b>	Anyone	Planning Division
R8-205	<b>Nursing care work to make everyone happy</b>	Elementary, junior high or high school students in the city	Elderly Care Division

### 3. Education and Child-rearing

\*Note: The name of the organizing department is subject to change.

No.	Name of classes	Eligibility	Organized by
R8-301	<b>About child abuse</b>	Anyone	Hagukoom Child-Family Consultation Center*
R8-302	<b>City's initiative for "Young carers"</b>	Anyone	Hagukoom Child-Family Consultation Center*
R8-303	<b>The 3rd phase of educational policy action plans of Higashiosaka City</b>	People aged 18 or older	Educational Policy Office
R8-304	<b>Board of education system</b>	People aged 18 or older	Educational Policy Office
R8-305	<b>About school education in Higashiosaka City</b>	Guardians of elementary (higher grade) and junior high school students	Educational Promotion Office
R8-306	<b>Human rights class for PTA</b>	PTA members	Human Rights Education Office
R8-307	<b>School preparatory loan system by Higashiosaka City</b>	Junior high school students or older	School Affairs Division
R8-308	<b>About Education Center</b>	People aged 18 or older	Education Center
R8-309	<b>How to use electronic library</b>	Elementary and junior high school students	Social Education Division
R8-310	<b>Library Guide</b>	Elementary and junior high school students	Social Education Division
R8-311	<b>On-site picture book reading</b>	Lower and middle graders of elementary school	Social Education Division
R8-312	<b>Hand play for parents and kids</b>	Infants and their guardians	Social Education Division

### 3. Education and Child-rearing

No.	Name of classes	Eligibility	Organized by
R8-313	<b>Guide to research study</b>	Elementary and junior high school students	Social Education Division
R8-314	<b>Book talk</b>	Elementary and junior high school students	Social Education Division
R8-315	<b>Electronic library experience for university students</b>	Students and employees of universities	Social Education Division

### 4. Daily living and health

No.	Name of classes	Eligibility	Organized by
R8-401	<b>Lecture about disaster prevention</b>	Neighborhood associations, etc.	Risk Management Office
R8-402	<b>Process for publishing city's newsletter</b>	Junior high school students or older	Public Relations Division
R8-403	<b>Higashiosaka City's comprehensive plan</b>	Junior high school students or older	Planning Division
R8-404	<b>Relation between local governments and ordinance</b>	High school students or older	Legal Affairs Division
R8-405	<b>Guide to Higashiosaka City Hall</b>	Elementary school children or older	Facility Management Division
R8-406	<b>~On-site lecture~ Infectious Disease Control for facilities</b>	Elderly facilities in the city	Infectious Disease Control Division
R8-407	<b>How to operate voluntary anti-crime patrol (Blue colored anti-crime patrol)</b>	Motivated volunteer groups for blue-colored anti-crime patrol	Community Activity Support Office
R8-408	<b>Guide to NPO</b>	Anyone	Community Activity Support Office

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No.	Name of classes	Eligibility	Organized by
R8-409	<b>On-site consumer's affairs class</b>	People aged 18 or older	Consumers Center
R8-410	<b>How to make the best use of health checkups</b>	People aged 18 or older	Insurance Management Division
R8-411	<b>Enroll in National Pension when reached 20 years of age</b>	University students who are going to turn 20 years old soon	National Pension Division
R8-412	<b>Outline of city taxes</b>	People aged 18 or older	Tax System Division Municipal Tax Division Fixed Assets Division Tax Payments Division
R8-413	<b>Visit consultation for employers</b>	Employers and people in charge of general affairs and human resources	Labor & Employment Policy Division
R8-414	<b>About CSW (Community social worker)</b>	People of elementary school age or older	Social Welfare Division
R8-415	<b>Guide to adult guardianship</b>	Anyone	Social Welfare Division
R8-416	<b>Sign language class for beginners</b>	People of elementary school age or older	Policy Promotion Division for the Disabled
R8-417	<b>Dementia patient supporter training course</b>	Anyone	Social Welfare Council (Community Comprehensive Care Promotion Division)
R8-418	<b>Support for single-parent family</b>	Anyone	Children-Centered Policy Division*
R8-419	<b>Blood donation seminar</b>	People of elementary school age or older	Community Health Planning Division
R8-420	<b>Stress check class</b>	People aged over 18 who are residing, working or studying in the city	Health Promotion Division

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No.	Name of classes	Eligibility	Organized by
R8-421	<b>Alcohol &amp; health educational class</b>	People who are residing, working or studying in the city (High school student or older)	Health Promotion Division
R8-422	<b>Dietary education at company's cafeteria</b>	Workers at business establishments	Health Promotion Division
R8-423	<b>How to eat healthy</b>	People aged 18 years or older	Health Promotion Division
R8-424	<b>Adult disease prevention class</b>	Anyone (Including employees in the business establishments in the city)	Health Promotion Division
R8-425	<b>Long-term care prevention class</b>	People aged about 65 or older	Health Promotion Division
R8-426	<b>Suicide prevention gatekeeper training class</b>	People who are residing, working or studying in the city (People aged 18 or older)	Health Promotion Division
R8-427	<b>On-site food sanitation class</b>	Anyone	Food Sanitation Division
R8-428	<b>Let's participate in community planning</b>	High school students or older	Urban Planning Office
R8-429	<b>Higashiosaka city planning</b>	Junior high school students or older	Urban Planning Office
R8-430	<b>Public transportation system connecting cities and people</b>	People aged 18 or older	Transport Strategy Office
R8-431	<b>Earthquake resistance seminar</b>	Groups of neighborhood associations	Building Safety Division
R8-432	<b>Empty houses issue</b>	People aged 18 or older	Vacant Houses Measures Division

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No.	Name of classes	Eligibility	Organized by
R8-433	<b>First aid class</b>	People who are residing, working or studying in the city	Emergency Medical Services Division, East Fire Department, Middle Fire Department, West Fire Department
R8-434	<b>Fire prevention seminar to protect the elderly from fires</b>	Residents or workers in the city (Ages 18+)	Fire Prevention Division
R8-435	<b>Water supply system in Higashiosaka</b>	4th graders of elementary school	Planning Division of Sewage Management Office
R8-436	<b>Sewerage system in Higashiosaka</b>	4th graders of elementary school	Planning Division
R8-437	<b>Let's start fitness exercise (to eliminate metabolic syndrome)</b>	High school students or older who are allowed to exercise by doctor or who don't need assistance	Citizen's Sports Support Division
R8-438	<b>To stay healthy (To extend health life expectancy)</b>	People aged 60 or older who are allowed to exercise by doctor or who don't need assistance	Citizen's Sports Support Division
R8-439	<b>Environmental education class</b>	Pre-school age or older	Environmental Planning Division, Recycle-oriented Society Promotion Division

## 5. History and literature

No.	Name of classes	Eligibility	Organized by
R8-501	<b>Former Kawazumi family residence</b>	Elementary school students or older	Cultural Property Division
R8-502	<b>About Konoikeshindenkaisho</b>	People aged 18 or older	Cultural Property Division

## 6. Human rights, peace and gender equality

No.	Name of classes	Eligibility	Organized by
R8-601	<b>Programs offered by Gender Equality Center</b>	Please contact organizer	Gender Equality Center (Multicultural Information and Gender Equality Division)
R8-602	<b>Human rights class</b>	People aged 18 or older	Human Rights Awareness-raising Division
R8-603	<b>Literacy measures in Higashiosaka</b>	People aged 18 or older	Social Education Division

## 7. Culture, international affairs and Art

No.	Name of classes	Eligibility	Organized by
R8-701	<b>Do you know the Multicultural Information Plaza?</b>	People aged 18 or older	Multicultural Information and Gender Equality Division
R8-702	<b>Cultural policy of Higashiosaka</b>	People aged 18 or older	Cultural City Promotion Division