

FY2024 List of lifelong learning courses on demand

1. Sports & Recreation

No.	Name of classes	Eligibility	Organized by
R6-101	Experience wheel chair sports!	High school students or older (Groups such as companies and university students)	Hanazono/Sports Business Strategy Division
R6-102	Soccer class by FC Osaka players	Elementary or junior high school students in the city	Hanazono/Sports Business Strategy Division
R6-103	Easy sponge tennis class	People aged 18 or older	Citizen's Sports Support Division
R6-104	Easy sponge tennis class for parents & kids	Children aged 4 or older and their guardians	Citizen's Sports Support Division

2. Education & Career

No.	Name of classes	Eligibility	Organized by
R6-201	Industrial cluster and support measures for manufacturing business in Higashiosaka	People aged 18 or older	Manufacturing Support Office
R6-202	Guide to lifelong learning (For beginners)	People aged 18 or older	Social Education Division
R6-203	About "Kominkan" or community center	People aged 18 or older	Social Education Center
R6-204	Beginner's guide to SDGs	Anyone	Planning Division
R6-205	Nursing care work to make everyone happy	Elementary, junior high or high school students in the city	Elderly Care Division

3. Education and Child-rearing

No.	Name of classes	Eligibility	Organized by
R6-301	About child abuse	People aged 18 or older	Counseling Division of Child Affairs Department
R6-302	About "Young carers" that the city is working on	Anyone	Counseling Division of Child Affairs Department
R6-303	Let's make a toy and play!	Pre-school children and their guardians	Facility Benefit Division Public Day Care Center Division
R6-304	Educational policy action plans of Higashiosaka City	People aged 18 or older	Educational Policy Office
R6-305	Board of education system	People aged 18 or older	Educational Policy Office
R6-306	About school education in Higashiosaka City	Guardians of elementary (higher grade) and junior high school students	Educational Promotion Office
R6-307	Human rights class for PTA	PTA members	Human Rights Education Office
R6-308	School preparatory loan system by Higashiosaka City	Junior high school students or older	School Affairs Division
R6-309	About Education Center	People aged 18 or older	Education Center
R6-310	How to use electronic library	Elementary and junior high school students	Social Education Division
R6-311	Library Guide	Elementary and junior high school students	Social Education Division
R6-312	On-sitw picture book reading	Lower and middle graders of elementary school	Social Education Division

R6-313	Hand play for parents and kids	Infants and their guardians	Social Education Division
R6-314	Guide to research study	Elementary and junior high school students	Social Education Division
R6-315	Book talk	Elementary and junior high school students	Social Education Division
R6-316	Electronic library experience for university students	Students and employees of universities	Social Education Division

4. Daily living and health

No.	Name of classes	Eligibility	Organized by
R6-401	Lecture about disaster prevention	Neighborhood associations, etc.	Risk Management Office
R6-402	Process for publishing city's newsletter	Junior high school students or older	Public Relations Division
R6-403	Comprehensive city plan of Higashiosaka	Junior high school students or older	Planning Division
R6-404	Relation between local governments and ordinance	High school students or older	Legal Affairs Division
R6-405	Guide to Higashiosaka City Hall	Elementary school children or older	Facility Management Division
R6-406	~On site lecture~ Infectious Disease Control for facilities	Elderly facilities in the city	Infectious Disease Control Division
R6-407	How to operate voluntary anti-crime patrol (Blue colored anti-crime patrol)	Motivated volunteer groups for blue-colored anti-crime patrol	Community Activity Support Office
R6-408	Guide to NPO	Anyone	Community Activity Support Office

R6-409	Consumer's affairs class	People aged 18 or older	Consumers Center
R6-410	Health checkup to extend health life expectancy	People aged 18 or older	Insurance Management Division
R6-411	Enroll in National Pension when reached 20 years of age	University students who are going to turn 20 years old soon	National Pension Division
R6-412	Outline of city taxes	People aged 18 or older	Tax System Division Municipal Tax Division Fixed Assets Division Tax Payments Division
R6-413	Visit consultation for employers	Employers and people in charge of general affairs and human resources	Labor & Employment Policy Division
R6-414	About CSW (Community social worker)	People of elementary school age or older	Social Welfare Division
R6-415	Guide to adult guardianship	Anyone	Social Welfare Division
R6-416	Sign language class for beginners	People of elementary school age or older	Policy Promotion Division for the Disabled
R6-417	Supporters training course for people with dementia	Anyone	Social Welfare Council (Community Comprehensive Care Promotion Division)
R6-418	Support for single-parent family	Anyone	Child and Family Division
R6-419	Blood donation seminar	People of elementary school age or older	Community Health Planning Division
R6-420	Stress check class	People aged over 18 who are residing, working or studying in the city	Health Promotion Division
R6-421	Alcohol & health educational class	People who are residing, working or studying in the city (High school student or older)	Health Promotion Division

R6-422	Dietary education at company's cafeteria	Workers	Health Promotion Division
R6-423	How to eat healthy	People aged 18 years or older	Health Promotion Division
R6-424	Adult disease prevention class	Anyone (Including employees in the business establishments in the city)	Health Promotion Division
R6-425	Long-term care prevention class	People aged about 65 or older	Health Promotion Division
R6-426	Suicide prevention gatekeeper training class	People who are residing, working or studying in the city (High school student or older)	Health Promotion Division
R6-427	Food sanitation class	Anyone	Food Sanitation Division
R6-428	Let's participate in community planning	High school students or older	Urban Planning Office
R6-429	Higashiosaka city planning	Junior high school students or older	Urban Planning Office
R6-430	Public transportation system connecting cities and people	People aged 18 or older	Transport Strategy Office
R6-431	Earthquake resistance seminar	Groups such as Neighborhood associations, etc. (Approx. 10 persons)	Building Safety Division
R6-432	Empty houses issue	People aged 18 or older	Vacant Houses Measures Division
R6-433	First aid class	People who are residing, working or studying in the	Eastern, Central and Western Fire Station of Fire Bureau
R6-434	Water supply system in Higashiosaka	4th graders of elementary school	Planning Division of Sewage Management Office

R6-435	Sewerage system in Higashiosaka	4th graders of elementary school	Planning Division
R6-436	Muscle strength improvement class (to prevent locomotive syndrome)	People aged 65 or older who are allowed to exercise by doctor or who don't need assistance	Citizen's Sports Support Division
R6-437	Let's start fitness (to eliminate metabolic syndrome)	High school students or older who are allowed to exercise by doctor or who don't need assistance	Citizen's Sports Support Division
R6-438	To stay healthy (To extend health life expectancy)	People aged 60 or older who are allowed to exercise by doctor or who don't need assistance	Citizen's Sports Support Division
R6-439	Environmental education class	Pre-school age or older	Environmental Planning Division, Recycle-oriented Society Promotion Division

5. History and literature

No.	Name of classes	Eligibility	Organized by
R6-501	Former Kawazumi family residence	Elementary school students or older	Cultural Property Division

6. Human rights, peace and gender equality

No.	Name of classes	Eligibility	Organized by
R6-601	Programs offered by Gender Equality Center	Please contact organizer	Gender Equality Center (Multicultural Information and Gender Equality Division)
R6-602	Human rights class	People aged 18 or older	Human Rights Awareness-raising Division
R6-603	Measures for literacy in Higashiosaka	People aged 18 or older	Social Education Division

7. Culture, international affairs and Art

No.	Name of classes	Eligibility	Organized by
R6-701	Do you know the Multicultural Information Plaza?	People aged 18 or older	Multicultural Information and Gender Equality Division
R6-702	What is the supporter for Culture Creation Hall?	People aged 18 or older	Cultural City Promotion Division
R6-703	Cultural policy of Higashiosaka	People aged 18 or older	Cultural City Promotion Division